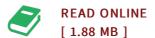




# Tips for Success: Ice Skating (Paperback)

By Waltraud Witte

Meyer Meyer, Germany, 2009. Paperback. Book Condition: New. 167 x 134 mm. Language: English . Brand New Book. Tips for Success - Ice Skating is a clear and easy-to-grasp guide to the fundamental principles of the figure-skating, ice-dance, speedskating and ice-hockey disciplines. It illustrates many different possible variations on ice both in movement and creative structure, all of which can be carried out without much previous experience. Beginning with a short historical summary of ice-skating, the author then gives some advice about equipment as well as tips for preventing accidents. The chapters following look at the different age groups, from toddlers to seniors, and give suitable practical advice on how to master several techniques and movements. Whether for artistic pirouettes, elegant dance steps or steering techniques for speeding around corners - useful tips and advice are given for all sports in ice. The numerous ideas for games and enjoyable exercises either with a partner or on different pieces of apparatus show just how much fun ice-skating can be. This book is targeted at hobby skaters of all age groups: toddlers and children as well as their parents who would like to skate among them, older children and teenagers who want...



## Reviews

This publication may be worth purchasing. it was actually writtern quite flawlessly and valuable. I am just happy to tell you that this is actually the very best book i actually have study inside my personal life and can be he best ebook for actually.

#### -- Frank Nienow

This is the greatest book we have study right up until now. This can be for all those who statte that there was not a worth reading. Your lifestyle period will probably be enhance when you complete looking at this ebook.

-- Santos Koelpin

## Other PDFs



## Walking (Paperback)

1st World Library, United States, 2004. Paperback. Book Condition: New. 208 x 134 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Purchase one of 1st World Library s Classic Books and help support our free internet library of downloadable...



### The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English. Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



## A Parent s Guide to STEM (Paperback)

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This lively, colorful guidebook provides everything you need to know to help your child get inspired, succeed...



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203  $\times$  135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselues By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1625) (Paperback)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now you can. Digitally preserved and previously accessible only...



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...