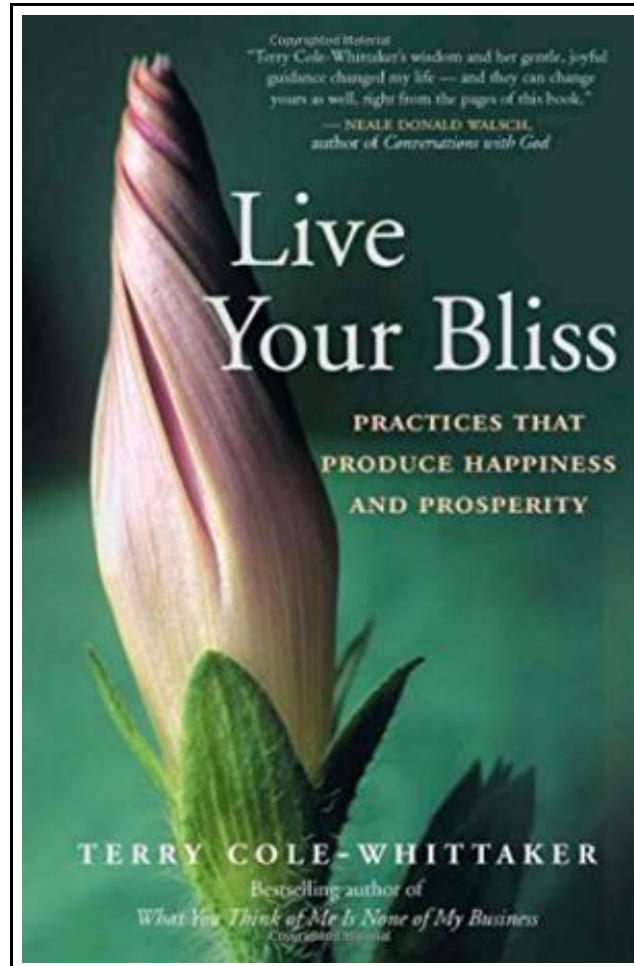


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LIVE YOUR BLISS: PRACTICES FOR A FULFILLING LIFE



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New World Library. Paperback. Book Condition: new. BRAND NEW, Live Your Bliss: Practices for a Fulfilling Life, Terry Cole-Whittaker, According to new age guru Terry Cole-Whittaker, we all are perfect as we are and have everything we need to manifest our wildest dreams. We just need to focus on what we want and not on what others are saying about us, what others think we should want, or what others have. In this follow-up to her ground-breaking works on self-empowerment, Terry takes readers along a path toward their goals, showing them how they can incorporate a few simple practices into their lives and by so doing, transform their lives. As Terry demonstrated in the late 1980s with her master work, "What You Think of Me Is None of My Business", we're often wrapped up in other people's expectations. We're given scripts to failure by schools and parents who constantly point out what's wrong with us and never teach us how to fulfill our true potential. Terry shows readers how to claim their true natures, how to stop being robots and begin living in their deepest, truest natures. She demonstrates how we can discover who we truly are and live in the bliss intended for us by our creator. This inspiring book teaches readers how to trust themselves. She helps them discover how to live from a sense of abundance and prosperity, tossing aside our myths of scarcity and releasing fear and shame. As Terry writes in the Introduction, this book could be titled 'true confessions of a pleasure seeker' because it shows how we can live in a state of bliss and how we can use our own innate mystical powers to manifest abundance and prosperity.



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